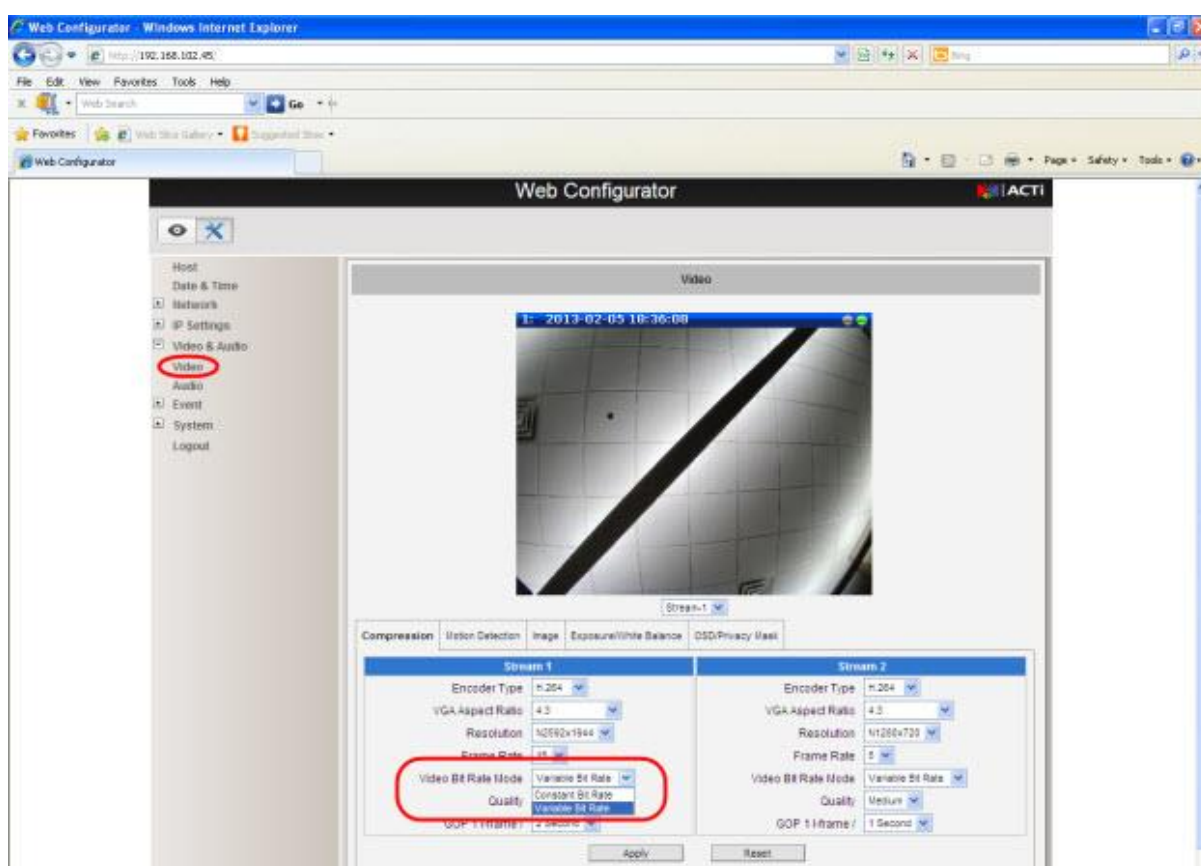# Video Pausing or Showing Latency on ACTi Series D and Series E Cameras

Video from an ACTi Series D and Series E camera can pause unexpectedly or show latency if the camera's video bit rate mode is set to Variable. To change the video bit rate mode, open the camera's web page configurator, select Video, and select Constant from the Video Bit Rate Mode drop-down list.

High resolutions and frame rates can also cause video pausing and latency; to reduce the resolution and frame rate, open the Camera Settings page for the camera in exacqVision Client and select a new resolution and frame rate. High video quality can also cause video pausing and latency; to reduce the quality, open the IP Camera Recording page for the camera in exacqVision Client and change the Quality setting.